

Liver Restore

The Protector • The Best of East & West

This plant-based blend of Eastern and Western standardized extracts and high potency herbal concentrates helps stabilize, restore, and strengthen vital liver functions. In traditional practice and modern research, these ingredients have shown the ability to protect liver cells from damaging effects caused by chemical pollutants, toxins, alcohol, and disease. This invigorating and nourishing formula may also be helpful in regenerating cell functions in damaged tissues.

The ingredients in our **Liver Restore** are: (*Pure concentrated extracts)

Milk Thistle* (Pure extract, 80–85% silymarin): The classic, worldwide liver herb. A liver protector, it counteracts the effects of chemicals and toxins. Its active compound, silymarin, has the ability to inhibit agents responsible for liver damage while stimulating the growth of new liver cells to replace damaged ones. It is quite beneficial for chronic liver problems and associated skin conditions. Milk Thistle's long history as a liver restorative dates back to the Middle Ages.

Turmeric* (95% curcuminoids): A blood purifier and a true liver tonic and protector. Its curcuminoids help prevent lipid peroxidation, or rancidity, in the body's circulatory system. The compound curcumin possesses the ability to protect the liver by detoxifying carcinogens. It decongests the liver and stimulates bile production to aid digestion and fat absorption.

Schisandra* (10:1 / 9% schisandrins): A Chinese adaptogen known for the five major tastes of its fruit: sweet, sour, pungent, bitter, salty; each taste corresponds to the five elemental phases of Oriental medicine. Well-known as a liver tonic, it balances liver deficiencies. It contains various lignans which have been found to prevent liver damage, stimulate liver repair, and support normal liver functioning.

Dandelion Root* (4:1): A blood purifier and liver tonic. It stimulates the liver to detoxify poisons and aids in the recovery from many kinds of liver disease. It has a high content of easily assimilable minerals and keeps the body's electrolytes in balance.

Amla* (5:1): The premier blood purifier and rejuvenative tonic from India, equivalent of the Chinese schisandra. This rich, natural vitamin C source is considered one of the most effective herbs in Ayurvedic medicine. Its astringent nature favorably stimulates the liver and protects it from toxins.

Picrorhiza* (5% kutkins): Himalayan herb known for calming the liver by taking away excess heat and inflammation, therefore has a liver protective effect. It also has antibiotic effects: Inhibits various pathogenic bacteria and fungi. Its similar activity to milk thistle should gain it popularity in the future.

Artichoke* (10:1 / 5% cynarin): A well-known vegetable with a cleansing (detoxifying) and healing effect on the liver and gall bladder. Cleanses the blood **and** stimulates the production of bile.

Chanca Piedra (Phyllanthus Amarus) (20:1): Contains antioxidants, lignans, and tannins. Improves liver health, alleviates pain, and promote wound-healing. May help slow tumor growth and prevent formation of kidney stones.

Eclipta* (10:1): A Chinese herb known to nourish and tonify the liver and kidneys. It is used for liver and kidney deficiency conditions. Cools the blood and is able to stop internal bleeding caused by excessive heat.

Bupleurum* (4:1): Chinese herb known for its liver and spleen harmonizing properties. Relaxes a constrained liver and reduces constriction in the chest from inflammation conditions. Contains a wide variety of essential fatty acids. Has an antibiotic effect. Used in treatment of upper respiratory infections.

Rehmannia* (10:1 / 1% catalpol): A Chinese root known for its blood purifying and revitalizing properties. An energy builder and harmonizer, it helps the body assimilate nutrients and eliminate waste which nourishes the liver and kidneys. It also has a positive effect on the heart and circulatory system.

Burdock Root (10:1): A blood purifier and liver tonic. It neutralizes and eliminates poisons in the system and promotes kidney functions. Best known for its beneficial effects on skin problems.

Spirulina (Organic): A complete protein containing the entire B complex of vitamins. Nourishes the liver. Rich in beta carotene, minerals, trace minerals, essential fatty acids. Contains amino acids which reduces liver stress.

120 vegicaps, 800 mg per capsule

Suggested Use: 2–4 capsules, 1–2 times daily (45 minutes after a meal) with plenty of water.