

Mushroom Longevity

Mushrooms have an enormous range of tonic abilities. They are adaptogenic and detoxifying; they enhance and modulate the immune system, increase energy and stamina, assist with glucose metabolism, help reduce cholesterol, and have a list of anti-viral, anti-bacterial, anti-tumor, antioxidant, and anti-inflammatory properties. Mushrooms help with colds and flu recovery, stress relief, and allergic responses. They are a natural defense system in fortifying the body, and are traditionally revered for promoting longevity. Mushrooms contain protein, B vitamins, important enzymes, complex carbohydrates, and are rich in minerals.

The mushrooms in our formula are wild crafted in California, certified organic. They are cooked over low heat for over 6 hours, then combined with wild crafted sea plants.

Mushroom Longevity is so easy to use in soups, sauces, stews, dips, spreads, toppings, salad dressings, and in beverages. Just add 1–2 full droppers.

Ingredients:

Reishi: In China it is known as the “Mushroom of Immortality.” Evidence now shows its life-extending properties. As an adaptogen, it nourishes and tonifies the body, adapting it to conditions of stress. It removes toxins, calms the nervous system, strengthens the lungs and is beneficial for asthma, protects and stimulates the liver. It has anti-tumor, anti-viral, anti-allergy, immune-enhancing, and cholesterol-reducing properties.

Cordyceps: Also highly valued for its anti-aging properties. It re-builds and strengthens the body after disease or exhaustion. It provides endurance, with unique immune and stamina enhancing factors. It is anti-viral, anti-inflammatory, cholesterol reducing, improves respiratory function, and provides cardiovascular support.

Shiitake: Called “King of the mushrooms in Japan.” Was long used to treat poor circulation, lack of stamina, heart disease, chronic rheumatism, and intestinal ailments. It helps maintain a strong immune system, is an antioxidant, and is good for high blood pressure, and high cholesterol levels. It helps in the breakdown of fats.

Maitake: Especially beneficial for lowering blood pressure, and lowering blood sugar, insulin, and triglyceride levels. It reduces serum cholesterol, and is an immune system booster. It also shows tumor-fighting benefits.

Lion’s Mane: Long used in China and Japan. A tonic for the cardiovascular system, respiratory system, and nervous system, having the recognized ability to stimulate the synthesis of Nerve Growth Factor, so is a nutrient for our neurons; it can improve memory. Also helps regulate blood sugar and cholesterol levels.

Agaricus Blazei (ABM): It improves the immune system, with its high level of beta-glucans, increasing white blood cells, and the body’s natural killer cells. It has modulating effects on blood sugar and cholesterol.

Coriolus Versicolor (Turkey Tail): Another immune builder, with anti-tumor, cancer preventative properties.

Other ingredients: Ginger, wild Mendocino seaweeds, Goji berry, Licorice, Mineral salts, in a base of organic alcohol, glycerin, and purified water.