

VITA POWER

A Supreme Vitamin, Antioxidant & Flavonoid Complex • *The Fortifier*

This powerful mixture has been painstakingly designed to energize, protect, and improve nearly every organ, tissue, and function in the body. With 23 high-quality synergistic ingredients including 12 extracts/compound intensive constituents, this complete multivitamin style capsule is exactly what you need to make the most out of each day! It curbs free radical activity and provides brain, nerve, adrenal, and general metabolic support. Nutrients are utilized more efficiently, and circulatory and cardiovascular health is maintained for your well-being. **Vita Power** is our most versatile formula and complements our **Macro-Night** as a perfect day-night combo.

Jump start your day!

VITA POWER contains:

VITAMINS (General): Essential for the basic physiological functions of growth and well-being, vitamins help with metabolism regulation, the functioning of organs, food utilization, and cell and energy production. They are cofactors, along with enzymes, and support food digestion. Minerals help to activate vitamins and provide for daily wellbeing.

B Vitamins (General): Necessary in a wide range of capacities: energy production, brain functioning, nerves (addressing physical and mental stress), liver, heart, glands, and hormones. B vitamins have immune system benefits.

Vitamin B1 (Thiamine): Benefits growth, blood flow, nervous system functions (mental states, attitude, stress, and provides energy for nerves); metabolizes carbohydrates; aids the circulatory system; removes excess CO₂. Vitamin B1 helps maintain healthy blood sugar levels; it builds sugars, aminos, and serotonin and converts vitamins to a more active and absorbable form. It is known to reduce air and sea sickness. A Thiamine deficiency can lead to digestive disorders.

Vitamin B2 (Riboflavin): The body uses Vitamin B2 for energy production, growth, mental well-being, tissue repair, and cellular respiration. It supports the circulatory and nervous systems as well as skin, eye, and mucous membrane health. It helps metabolize carbohydrates, proteins, and fats. Eye problems and blood sugar issues are helped by B2.

Vitamin B3 (Niacinamide): Benefits growth, skin, nerves, cell respiration, digestion, is a coenzyme for DNA synthesis. It helps lower triglyceride and cholesterol levels, reduces blood pressure, increases circulation, and alleviates tinnitus.

Vitamin B5 (Pantothenic Acid): Converts fats, sugars into energy; changes to Coenzyme A which assists with protein, carbohydrate, fat metabolism; benefits inflammatory conditions, wound healing, and stress. It works w/acetylcholine.

Vitamin B6 (Pyridoxine HCl): Used for energy production and cell growth; reduces muscle spasms, cramps, and stress; supports the cardiovascular, digestive, and nervous systems; is a coenzyme for metabolizing fats, carbs & proteins.

Vitamin B7 (Biotin): Metabolizes amino acids and carbohydrates and helps synthesize Vitamin C; Biotin benefits hair, skin, & muscle tone, helps ensure the normal growth of sweat glands, and helps metabolize fats and sugars.

Vitamin B8 (aka Inositol): Synthesizes phospholipids; supports optimal brain health, the nervous system and cell wall linings; alleviates PMS, polycystic ovarian conditions and promotes healthy hair; is a mood-booster and reduces irritability, insomnia, nervousness, depression. Benefits mental conditions including Alzheimer's, autism, schizophrenia.

Vitamin B9 (5MTHF): Enhances cell and tissue growth; works with B12 for protein metabolism and red blood cell formation; helps reduce the risk of osteoporosis; it is used for RNA & DNA production in the intestinal tract.

Vitamin B12 (Methylcobalamin): Important for normal cell production and regulating metabolism; strengthens myelin sheath around nerves; improves poor coordination, cognitive decline, memory loss, and other mental conditions.

Choline (Bitartrate): Contains phospholipids which help prevent gall stones and liver damage. It digests fats and normalizes acetylcholine (important neurotransmitters with an important role in brain and muscle functions) levels.

Acerola (25% Vitamin C): Acerola is of the richest known sources of Vitamin C and has approximately 100 times the amount of oranges. It is high in flavonoids and is a powerful antioxidant. It is a natural preservative and benefits capillary and connective tissue health. Vitamin C is necessary for collagen formation, tissue repair, strengthening cell walls and blood vessels, healing wounds, building strong bones, and utilizing carbohydrates. It supports red blood production helps prevent and heal viral and bacterial infections. It also helps restore Vitamin E to an active form.

Vitamin D3 (2,000 IU): (as Cholecalciferol, a preferred, naturally occurring vitamin D): Vitamin D3 is important for proper calcium assimilation, for the absorption of magnesium and minerals, and with retaining calcium and phosphorus in the body. It improves bone density and helps prevent osteoporosis. . It is an antioxidant and an immune builder. Vitamin D is produced in the skin by sunlight exposure; most people do not get enough sunlight to make an adequate amount. Due to its mineral absorption capabilities, Vitamin D can help balance moods and rhythms.

Grape Seed Ext. (95% OPC): Rich in oligomeric proanthocyanidins (OPCs) which have antioxidant properties and are major free-radical scavengers, Grape Seed Extract assists with sugar modulation and works to prevent oxidative stress which is a factor in diabetes. Grape Seed Extract can reduce inflammation and swellings and lessen recovery times. It restores elastin and collagen which are crucial for tissue and skin elasticity. It can reduce pain and stiffness caused by carpal tunnel and tendonitis. It works with Vitamin C to strengthen connective tissues. Grape Seed Extract benefits the immune system, liver and kidney functions, the entire circulatory system. It protects and strengthens blood vessels, improves blood flow, and supports eye & brain health.

Turmeric (95% Curcuminoids): Curcuminoids are the active compounds in turmeric with potent anti-inflammatory and antioxidant properties. Turmeric is a well-known liver protector with strong cardiovascular benefits. It helps prevent lipid peroxidation in cell membranes and supports oxygen flow in the body. It strengthens muscles and supports bone and joint health. It is an antimicrobial that fights infections and promotes wound-healing. It helps sharpen the memory and improves concentration. Turmeric supports prostate health and has been tested as a cancer preventative. It has traditionally been used in India as a digestive aid in chutneys and other foods and as a natural food preservative.

Alpha-Lipoic Acid (99% ALA): A naturally occurring cofactor in the body with ideal antioxidant properties. It is an essential cofactor in mitochondria energy production. It is highly bioavailable and is soluble in water and fat. It has the special ability to regenerate other antioxidants such as Vitamins C and E. It helps the body produce Glutathione antioxidants and provides support for CoQ10. It protects blood vessels and detoxifies the body. It benefits the heart, brain, nerves, liver, and memory functions. ALA has anti-inflammatory properties which support oxygen flow, weight management, and sugar level maintenance. It also helps protect collagen and mitigates the effects of skin aging.

Ginkgo Biloba Ext. (24/6): Known for its ability to increase blood flow to the brain, Ginkgo Biloba supports nerve cell transmission and helps improve memory and mental functions. It helps the body utilize oxygen, stimulates capillary circulation, and supports and alleviates issues in the circulatory system.

Hawthorn Berry Ext. (10:1): Known as “a complete cardiac medicine;” it is valued for its heart-strengthening properties. It allows oxygen and nutrients to get to the heart more efficiently which alleviates shortness of breath and fatigue. It regulates both high and low blood pressure, protects blood vessels, and increases blood flow to the arteries. The tart, slightly sweet Hawthorn berry has both a folk tradition and clinical support as a primary heart helper.

Fulvic Acid (50%, Shilajit 10:1, aka Mumie): A powerful cofactor high in polyphenols that creates an ideal environment for mineral complexes and elements to bio-react electrically with the body’s cells. Elemental vitamins and minerals are refined, purified, and combined with Fulvic acid to form organic, ionic molecules that are easily transported into and throughout cell membranes. Fulvic acid charges, regenerates, regulates, and transports living nutrient energies directly to living cells and supports cell regeneration, rejuvenation, and recovery. Fulvic acid supports the immune system and helps regulate blood sugar. It can improve physical performance and reduce fatigue and shortness of breath.

Quercetin (Dehydrate, 98%): Quercetin is a free radical scavenger with antiviral properties. Works with Acerola (25% Vitamin C) to increase immune-modulating activity and as an anti-allergy bioflavonoid that counteracts histamines and helps mitigate allergic and asthmatic reactions such as nasal cavity and upper respiratory congestion. It helps reduce inflammations and lowers blood pressure. This abundant flavonoid is found in many common foods.

Siberian Eleuthero (0.8): Well-known adaptogen, Siberian Eleuthero provides energy reserves; helps alleviate stress, is a mood enhancer, and has a normalizing, balancing influence. It can improve productivity, endurance & mental support.

Astaxanthin (1.5% carotenoids): A potent carotenoid and antioxidant, Astaxanthin is a sea krill found in microalgae and sea plants. It combats chronic inflammations, protects tissues from various degenerative stresses, and is very effective at halting free radical damage. Studies have noted benefits to the eyes, skin, brain, lungs, cardiovascular system, and cellular health with its use and have shown improved muscular health, stamina, and endurance.

Utah Mineral Complex Deposit (Full-Spectrum): Minerals play an essential role in every biochemical process and are cofactor for enzymes, vitamins, and other nutrients. Minerals support the brain, nerves, lungs, cardiovascular system functions, and contribute to metabolism functioning. These highly absorbable ionic (72+) trace minerals from the Great Salt Lake are important for electrolyte replacement, for keeping properly hydrated, and help increase energy levels.

Bromelain (2,400 GDU): A proteolytic enzyme derived from pineapples that have major anti-inflammatory properties. Proteolytic enzymes breakdown contribute to recovery. They facilitate the digestion and absorption of nutrients, help improve cardiovascular disorders, and alleviate bronchitis and sinus issues. They help assimilate B vitamins and work with Quercetin to alleviate protein-based allergies. Bromelain can lessen joint stiffness & soothe burns.

120 veggie caps, 800 mg per capsule • Suggested Use: 2 capsules in the morning.

Note: All formula components have been thoroughly researched, tested, and used in clinical studies.