

MSM Powder



ONE POUND. Our Bergström OptiMSM is fantastic for athletic people or those who need to heal their damaged bone and muscle tissue. It has been evidenced to increase athletic performance and decrease muscle repair time.

Rating: Not Rated Yet

Price

Sales price \$19.00

Discount

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Manufacturer [Manufacturer](#)

Description

Natural Sulfur (Methylsulfonylmethane)

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MSM is one of the most versatile and beneficial supplements in our product line! Its active ingredient is concentrated natural sulfur, one of the most underrepresented compounds in the modern diet. This dynamic molecule is a fantastic standalone product and supplements many of our other formulas synergistically. It is a necessary compound for the production and health of collagen (the dominant component of connective tissue and bone), the maintenance of optimum joint health, free radical scavenging/elimination, and the metabolism of carbohydrates. This simple molecule also combats hyperacidity/ulcers, chronic constipation, a full range of allergies,

parasites, joint degeneration, and inflammation. MSM is fantastic for athletic people or those who need to heal damaged bone and muscle tissue. It has been evidenced to increase athletic performance and to decrease muscle repair time. Additionally, **MSM** is known as a “natural aspirin” because of its effectiveness in relieving minor aches and pains and increasing the body’s healing and detoxification rate. MSM is also referred to as nature's “beauty mineral” as it assists the production of strong and healthy nails, hair, teeth, and skin.

Our **MSM** is the world's purest **MSM**, Bergström OptiMSM. In addition to carrying **MSM** as a stand-alone bulk nutrient, we also combine our hypoallergenic and odor-free **MSM** with bio-available vitamin C for maximum absorption and functionality and encapsulate the combination. To top off our excellence pie, we decided to combine our **MSM/Vitamin C** capsules with our **Flex-Connect Plus** formula in a double blind, placebo controlled, peer reviewed clinical study, which pitted our formulas against Osteoarthritis. How did we do? **Flex-Connect Plus™** and **MSM-Vitamin C** demonstrated a collective improvement of 97.8% in the following tested markers/parameters: Joint pain, Stiffness, Range of motion, Inflammation and Cartilage support! Our sourcing, formulating, and research for the Herbal Products & Development MSM formula is at the same ultra-high standards as the rest of our products. Use MSM in your daily routine to boost your functionality, performance, and overall glow!

Suggested Use: MSM commonly is given as 2 to 6 g/day in 2 to 3 divided doses for arthritis and other joint conditions, depending on weight.