

Rice Tocotrienols



ONE POUND AND FIVE POUNDS. Research shows that tocotrienols have potent antioxidant and cholesterol-lowering properties. As an antioxidant, tocotrienols are considered to be superior to the more common alpha-tocopherol form of vitamin E. They are better distributed in the fatty layers of cell membranes and are therefore better able to protect cells from free radical damage.

Rating: Not Rated Yet

Price

Sales price \$24.00

Discount

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Description

A little-known Vitamin E

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A still little-known series of compounds related to the better-known tocopherols associated with Vitamin E is the tocotrienols. As a matter of fact, though, Vitamin E is now considered to be a generic name for a whole class of molecules that includes the tocotrienols. Tocotrienols are

therefore a form of Vitamin E, perhaps not as widely distributed in nature as tocopherols, but having quite important health benefits of its own. One particularly rich source of tocotrienols is rice.

Research now shows that tocotrienols have potent antioxidant and cholesterol-lowering properties. As an antioxidant, tocotrienols are considered to be superior, in fact, to the more common alpha-tocopherol form of vitamin E. They are better distributed in the fatty layers of cell membranes, therefore better able to protect cells from free radical damage. They also have the ability to inhibit cholesterol production by the liver, specifically its detrimental form (LDL), leaving the good cholesterol (HDL) unaffected. In addition, blockage of the carotid artery and platelet aggregation (blood clotting) can be significantly reversed with the ingestion of tocotrienols. By lowering these risk factors, tocotrienols have now been shown to be beneficial in the prevention of heart disease. Tocotrienols also have shown significant antitumor properties, so are considered effective in a regimen for cancer prevention. **Rice tocotrienols** are also strong in B vitamins, various minerals, protein, and amino acids.

Little noticed before, tocotrienols are now considered quite important nutritional compounds for the prevention and treatment of disease. Unfortunately, most vitamin E supplements available on the market still lack the inclusion of tocotrienols.

Stabilized **rice tocotrienols** (tocos), also called rice solubles, have a light, fluffy texture that is fast dissolving, adding a delicious, creamy flavor to other foods. **Rice Tocotrienols** are a positively nutritious addition to smoothies, cereal blends, oatmeal, desserts, custom nutritional drinks, and numerous other creative food uses.

Available in 1 lb and 5 lb bulk units (One pound units shipped in two separate half-pound bags).